

# Department 22 Man's Hammer Toss

Livestock Coliseum

Manager:

PO Box 39, Skowhegan, Me 04976

Date & Time: To follow Women's Fry

Pan Toss - Starting at 6:00 pm

Thursday August 14<sup>th</sup>

## GENERAL RULES:

All Rules and Regulations as found on pages 54 - 60 will apply to all classes as necessary, in addition to any rules listed below.

**\*\*Rules subject to change without notice\*\***

All men must be registered 15 minutes prior to contest.

All men must compete in their age group.

Each man will have 2 tosses and will use the better of the two as his score.

Each toss will be measured from the start line to where the hammer hits the ground first.

Hammer must stay in bound, if not toss is disqualified and will count as one of two tosses.

Contestants will not step across the start line when tossing. If crossed toss is disqualified and will count as one of two tosses.

Hammer must be tossed underhand only for safety reasons.

All calls made by the officials are final.

## PREMIUMS

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>
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Premium amounts are listed below the Class or Category number. If premiums are the same for all classes, amounts will be listed above class 1.

## CLASSES

\$75.	\$50.	\$25.	----	----	----
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- 01 Toss #1:**  
Ages 18-35.
- 02 Toss #2:**  
Ages 36-55
- 03 Toss #3:**  
Ages 56-105



## WE SERVE

Proudly serving Skowhegan and the surrounding communities

**Giving hope and impacting lives.**

There is nothing more satisfying then the feeling of helping someone in need.

**Come see us at our food booth located near the Children's Barn.**

Ask us about our mission and how you can become a member.

100% of donations and money collected goes back into the community.

Your small commitment can change the lives of so many people.